THE BENEFITS OF EARLY DEMENTIA DETECTION



ONE IN NINE PEOPLE AGED 65+ ARE LIVING WITH ALZHEIMER'S DIEASE OR A RELATED DEMENTIA

PRIORITIZE YOUR HEALTH

Early diagnosis and outreach to your physician you to make lifestyle changes, such as controlling blood pressure, stopping smoking, exercising, and staying mentally and socially active to help preserve your cognitive function.

ACCESS TREATMENTS

Early diagnosis allows you time to access early treatment options to lessen symptoms, such as memory loss and confusion, for a limited time. Early diagnosis makes individuals eligible for a wider variety of clinical trials.

ACCESS RESOURCES

There are many community resources and programs that individuals may be eligible to support their new diagnosis. Early detection allows time for families to learn about the resources.

MORE TIME TO PLAN

Planning ahead allow you to express your wishes about legal, financial, and endof-life decisions. You and your family will be able to review and update legal documents, discuss finances, and identify care preferences.

An early diagnosis of dementia provides a range of benefits for the individuals who are diagnosed.